

# Byddwch yn greadigol

## Discover your creativity



Cefnogaeth greadigol  
i weithwyr gofal iechyd  
a chymdeithasol

[www.cwtshcreadigol.cymru](http://www.cwtshcreadigol.cymru)

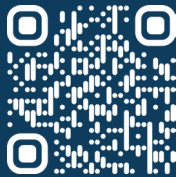
Creative wellbeing for  
health and social care  
workers

[www.culturalcwtsh.wales](http://www.culturalcwtsh.wales)

# Gweithgareddau llawn hwyl dan arweiniad artist

Mae'r Cwtsh Creadigol yn gasgliad o adnoddau ar-lein gan artistiaid i gefnogi staff gofal iechyd a chymdeithasol yng Nghymru.

Sganiwch i ddarganfod eich creadigwrydd



Syniad hyfryd, ysbrydoledig.

Rhywbeth at ddant pawb dwi'n meddwl!



# Bitesized activities brought alive by artists

The Cultural Cwtsh is a suite of stimulating online resources made by artists to support the health and social care workforce in Wales.

Scan to discover your creativity



What a beautiful idea, inspiring.

Something for everyone I think!

